

# How do I set parental controls on the iPhone?

You have several options for setting up parental controls for your iPhone. You can **use Restrictions on the phone** to turn on and off certain features. You can use **Guided Access** to lock the phone on one app. You can **download parental-control browsers** from the iTunes store. And, **at the iTunes store**, you can log into your account to restrict the types of content that can be shared and downloaded from the cloud. Here's how:

**Setting Restrictions.** Restrictions are the most basic form of parental control on the iPhone. They let you prevent access to pretty much anything you don't want your kids doing, such as downloading explicit songs and podcasts, using the Safari browser, accessing the iTunes store, installing apps, playing multiplayer games, adding friends to games, and making in-app purchases. You also can set up kid-safe search filters for Safari and choose to only let your kids visit preapproved sites.

To set up Restrictions on your iPhone, touch "Settings," choose "General," and then select "Restrictions." You'll be prompted for a PIN that gives you access to enable or disable "Restrictions." There you can turn off any features you want -- for example, Siri. Then scroll down to the section "Allowed Content." This is the place to choose individual limits on what types of content can be downloaded -- for example, only apps for 4-year-olds -- and to add safe-search settings.

**Enabling Guided Access.** This mode locks the phone on a single app so your kid can't click out of it. It's a great way to help kids (or you!) stay focused on one task.

To enable Guided Access, touch "Settings," choose "General," select "Accessibility," and scroll down to "Learning." Click on "Guided Access" and toggle it on. When you want to use it, simply launch the app your kid wants to use and triple-click the Home button. A passcode must be entered to disable Guided Access -- so don't tell your kids your passcode!

**Downloading a kid-friendly browser.** Although you can add safe-search settings to Safari in "Restrictions"/"Allowed Content," you also can completely disable the Safari browser (in Restrictions) and download a brand-new kid-friendly browser. Or you can download a search-filtering program that works with Safari. A couple to try: *Kido'z* and *Zoodles*.

**Setting iTunes Preferences.** Remember that content downloaded onto the computer and shared in the cloud can be played on the iPhone. To manage this content, go to the iTunes store on your computer. Go to "Edit" in the top menu, choose "Preferences," and click on "Parental." There you'll find controls for what you can download and the TV and movie ratings you're OK with your kids downloading and sharing.